



نادي سباقات الخيل
JOCKEY CLUB OF SAUDI ARABIA

NOTICE TO TRAINERS

RULE AMENDMENT – EXERCISE-INDUCED PULMONARY HEMORRHAGE (BLEEDING) RULES

Effective: Start of Taif Season 2026

Following approval by the JCSA Board, Article 19.1.1 and Article 19.1.2 of the Rules of Racing have been changed.

The mandatory stand-down periods for horses diagnosed with Exercise-Induced Pulmonary Hemorrhage (Bleeding) will now apply as follows:

- **First occurrence of EIPH: The horse shall not race or be exercised for a minimum of 45 days**
- **Second occurrence of EIPH: The horse shall not race or be exercised for a minimum of 90 days**

For the avoidance of doubt, the mandatory stand-down period prohibits the horse from undertaking any medium or high-intensity exercise, including fast work or racing. Light exercise is permitted during the stand-down period.

Whilst not a change to existing rules trainers are further reminded that in accordance with Article 19.3, A horse that has suffered from EIPH may not be entered to race again until it completes a satisfactory gallop of no less than 1000m, free of prohibited substances, observed by the Stewards or a JCSA Veterinary Officer.

All other provisions of Article 19, including the permanent disqualification following a third occurrence of EIPH, and Stewards reserving the right to refuse future entries for any horse where they deem running the horse in a race would represent a significant risk to its welfare or the safety of the race following a severe case of EIPH remain unchanged.